

# THE BEAUTY EXPERT allure

APRIL 2012

Special Issue  
**Anti-Aging  
Surprises**

**17 TIPS YOU'VE  
NEVER HEARD BEFORE**  
9 Power Ingredients  
That Really Do Reduce  
Lines and Spots

**Drop 5  
Years in  
5 Minutes**  
Tricks From Your  
Makeup Bag

(Hint: Lose the  
Black Eyeliner)

**Nicki  
Minaj**  
The Hair Is Fake;  
She's Real

**Good-Mood  
Manicures**  
In Bright, Fun Colors

**LUSH,  
SUPERSEXY  
HAIR**

**"I did everything I could  
to prevent crow's-  
feet. Is there anything else  
that happens to  
the eyes as they age?"**

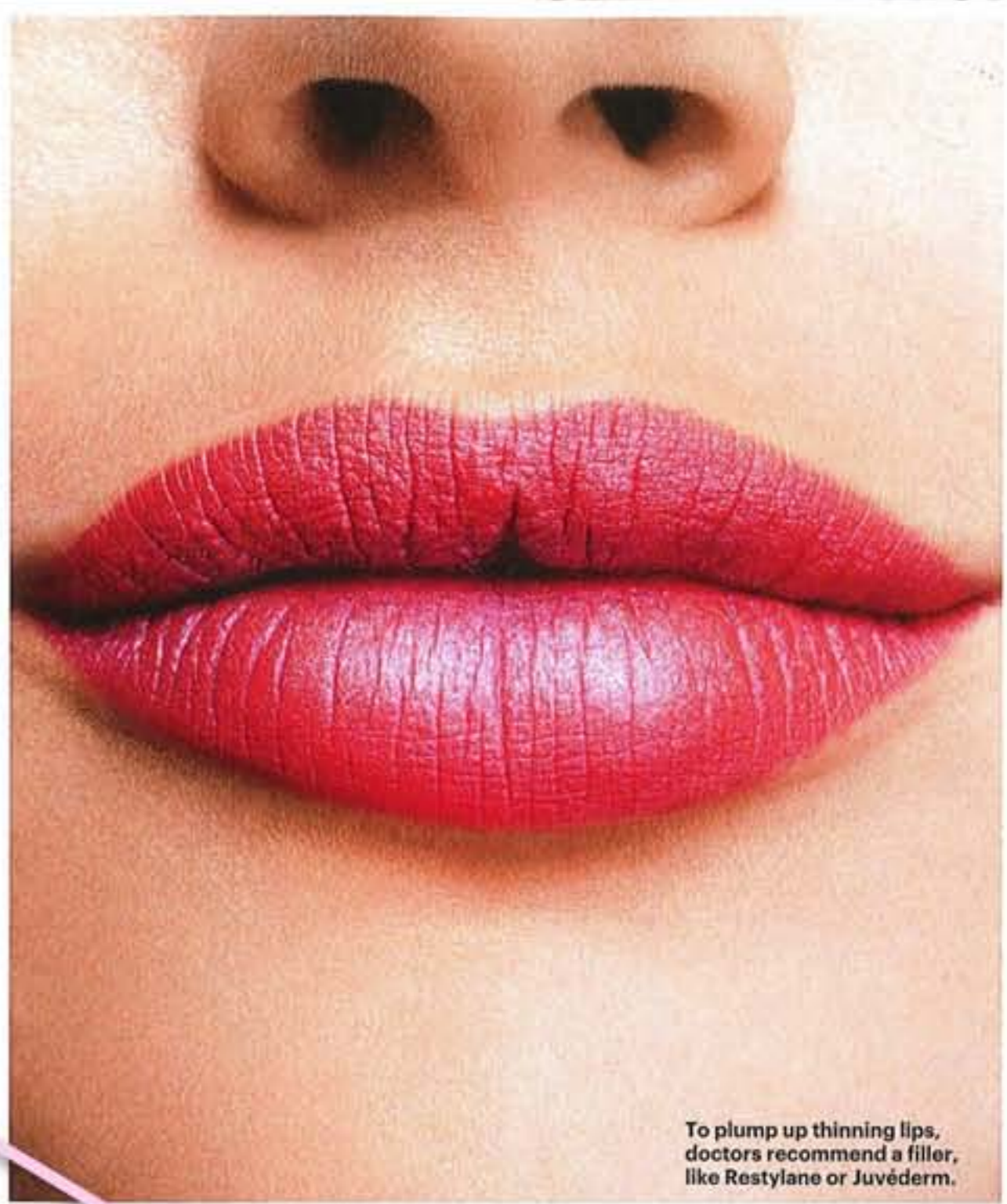
Crow's-feet may crash the party first, but there's one other biggie: saggy eyelids. And they're harder to prevent. "They're usually caused by heredity or gravity and can be just as aging as fine lines, because they make you look older and more tired," says Patricia Farris, a clinical professor of dermatology at Tulane University in New Orleans. Look for creams with either DMAE, an antioxidant that temporarily lifts the area, like Perricone MD High Potency Eye Lift, or a serum with ions, like Neutrogena Clinical Anti-Aging Booster Serum. The ions, along with firming zinc and copper, help elastin-deprived lids get back some of their snappy, rubber-band-like fibers. Applied nightly, they should be able to stave off some drooping. But to repair significant sagging, you may need to see a doctor. Doris Day, a clinical assistant professor of dermatology at New York University Medical Center, is impressed with Ulthera, an ultrasound device that heats, tightens, and lifts the skin's deep layers of tissue without disturbing or scarring the surface. She also injects Botox above or around the brow. "This lifts the area, creating more visual space between it and the upper lid," she says. If the drooping is deep, it can eventually impair vision, and surgery may be the best option.

**"My lips are starting to  
look thinner. Now what?"**



Juvederm injections by dermatologist Eric Bernstein filled out this patient's lips.

"What you're actually seeing is fat loss around the mouth," says Day. The lip line flattens out, erasing that defining border, and the corners of the mouth droop. What's more, she says, "women experience bone loss in the lower third



To plump up thinning lips, doctors recommend a filler, like Restylane or Juvederm.

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